## **Covid Waiver & Release Policy IHM Cross Country**

The Covid-19 pandemic has created serious, unexpected challenges for the entire world, and has directly impacted our schools/parishes/sports teams and the ability of our student athletes to engage in sports. We understand that sports are an important aspect of our athlete's lives, and we are dedicated to providing access to sports as permitted by the California Department of Public Health and/or the county. While the Diocese of Oakland, CYO, and its parishes are implementing reasonable mitigating measures, they cannot guarantee a virus-free sports environment.

The undersigned expressly understand and assume the risk of contracting Covid-19. Further, the undersigned expressly waives and releases any and all claims or lawsuits against the Diocese of Oakland, its affiliated corporations, parishes or schools, including clergy, agents and employees, and coaches arising from or related to alleged negligence concerning any type of harm or injury caused by Covid-19. This waiver of liability and release shall be enforced to the full extent permitted by California law. Parents/guardians signing this waiver and release of liability are signing both on behalf of their children and themselves.

I attest that I will check my child prior each participation in any CYO activity to verify that he/she is free from Covid symptoms and will not allow participation if exhibiting symptoms.	
	<del></del>
Parent/Guardian Signature	Date